

## FITNESS CENTER CLEANING CHECKLIST

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>CARDIO MACHINES</b>							
Wipe machines down with cleaner							
Clean bottom surfaces							
<b>WEIGHT EQUIPMENT</b>							
Dust surfaces							
Spot clean all equipment							
Wipe down with cleaner							
<b>OFFICE/CHECK IN AREA</b>							
Dust all tables, chairs, desks and furniture							
Clean tables and chairs with cleaner							
Dust all displays and window sills							
Wipe surfaces with cleaner							
Disinfect high touch surfaces (phones, computers, door handles)							
Empty trash cans							
Sweep floors & dust mop							
Vacuum floors							
Wet mop floors							
<b>RESTROOMS/LOCKER ROOMS</b>							
Clean and disinfect toilets							
Clean and disinfect urinals							
Clean and disinfect sinks and counters							
Clean mirrors and fixtures							
Clean shower areas							
Dust surfaces							
Refill restroom supplies							

Spot clean doors and walls							
Empty trash cans							
Sweep floors							
Wet mop with disinfectant							
<b>COMMON AREAS</b>							
Disinfect high touch surfaces (railings, door knobs, handles)							
Spot clean doors, walls, interior glass							
Dust all surfaces							
Empty trash cans							
Sweep floors & dust mop							
Vacuum floors							
Wet mop floors							
Empty trash and recycling cans							

NOTES

TO DO

