



Fitness Challenge



Go for a walk

1	2	3	4	5	6	7	8	9	10



Do yoga

1	2	3	4	5	6	7	8	9	10



Ride bike

1	2	3	4	5	6	7	8	9	10



Do jumping jacks

1	2	3	4	5	6	7	8	9	10



Run obstacle course

1	2	3	4	5	6	7	8	9	10

Want to make some changes?

Click here to edit this list!

This list is designed to fit perfectly on a kid-sized clipboard:



Get yours now