

FREE EVENT



NOVEMBER 15, 2011

6:00 PM Expo & 7:00 Keynote

**CROSSROADS
CHRISTIAN CHURCH**

2331 Kellogg Avenue; Corona, CA 92881

Austin Andrews

Reality TV Contestant on The Biggest Loser



Austin is a young, hardworking, passionate man. He is down to earth, confident and successful because he is a great goal-setter and then works to reach those goals. He would like to be a catalyst to help change how educators and parents of school age children approach health, fitness and wellness. He also wants to help children become aware of the benefits of being healthy. It's not about weight and looking good. It is about self-esteem, how well students can learn, and how they fit in with their peers.

Becoming Healthier Expo

Come early and meet local organizations who focus on healthier living and helping our children make good choices in nutrition, physical fitness, goal-setting and social interactions. There will be many opportunity drawings.

The World Kindness Youth Conference

A SACK Foundation (Simple Acts of Care and Kindness) event will be held during the day on November 14th and 15th, hosting over 4,000 4th graders with the goal of teaching children how to be better with each other, prevent bullying and show respect, care & kindness to each other, themselves, their bodies, the environment, animals and the world around them.



The SACK Foundation is a 501c3 Non-Profit organization.

www.SimpleActs.org