



**GIVE
DIABETES
THE
FINGER**

We need more Volunteers

Would you like to get involved?

IN Salford

Why Volunteer?

- It's fun and you'll learn useful new skills
- Help others in a very practical way
- Meet new people in your community
- Boost your job opportunities – employers value people who volunteer

What's Involved?

- You will be helping prevent Type 2 Diabetes in Salford
- Speak to local people about their risk of Type 2 Diabetes
- Ask simple 'know your risk' questions
- Hand out leaflets and posters and generally spread the word
- Full training is provided

Nearly 20,000 people in Salford are estimated to be at high risk, so it is a massive challenge – and that's why we need your help. 10 minutes or 10 hours, we don't mind. Do do as much as you can.

Induction Day Monday 16th May*

10am – 12noon at Eccles Town Hall, 16 Church Street, M30 0LH

For more information and to book, please email salfordhc@uni.uk.net or call 0161 736 9027 * If you can't attend but would still like to help, please let us know.



**Salford
Healthy
Communities**

Salford Healthy Communities is managed by Unique Improvements (UNI) a social enterprise working in Salford, and commissioned by Salford Council Public Health.