1. Best WordPress SEO Plugin

http://wordpress.org/extend/plugins/wordpress-seo/

The WordPress SEO Plugin by Yoast is not only the best SEO plugin we've found it's also FREE. Just install on your WordPress site and enter the keyword you want to target. The WordPress SEO plugin will then show you what you can do to better optimize your content for search engines.

2. Best Contact Form Plugin

http://wordpress.org/extend/plugins/contact-form-7/

The Contact Form 7 Plugin is elegant, simple and powerful. It easily supports multiple forms, fields and autoresponders. Did I mention it's also FREE?

3. Best Social Button Plugin

http://wordpress.org/extend/plugins/addthis/

The AddThis Social Button Plugin is jam packed with features like analytics and an easy to use back end set up. This FREE plugin has more features and is easier to use than similar premium plugins costing over \$50.

4. Best Caching Plugin

http://wordpress.org/extend/plugins/wp-super-cache/

At Realize we put WP Super Cache on every site we build. It creates stored versions of your site on a visitor's browser which reduces load time and helps your site display more smoothly. And yes it's also 100% FREE.

5. Best Sitemap Plugin

http://wordpress.org/extend/plugins/google-sitemap-generator/

The Google XML Sitemaps Plugin is a must have for every WordPress site install. It easily creates a sitemap of your entire site and then periodically submits it to search engines as you add new content. And like everything else on the Realize WordPress Goodies list it's FREE.

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