



# Patañjali's Yogasūtra-s

Ongoing **Weekly** Skype Study Group Series  
February 2013 onwards.

Yoga was documented for the first time in the form of the **Yogasūtra**, authored by the great **Yogī Patañjali**. Presented in the form of pithy statements, this text documents the entire philosophical system of Yoga in four logically arranged chapters. The aphorisms are simple in their rendering, yet pregnant with layers of meaning. The profound worth of this work has kept it alive through history, and every succeeding master of Yoga has always considered the Yogasūtra as the definitive source of reference. For every serious student and teacher, this text is a must read and no study of Yoga is complete without understanding its fundametal tenets.

This ongoing Study group is aimed at serious Yoga students and teachers who wish to enrich their understanding of this classical masterpiece. Participants will be taken through each aphorism with **word to word meanings**, and also the **important models** offered in the text. They will also learn to **chant the Sūtra-s** and will learn the views of some of the most important classical commentators.

All sessions will be conducted through Skype Audio mode, and will be recorded. Recording will be sent to the participants for further reference and archiving.

## Choice of Dates

<b>Every Wednesday</b>	11.00 am - 12:00 noon	India Time <b>FULL</b>
<b>Every Saturday</b>	2:00 pm - 3:00pm	India Time <b>OPEN</b>
<b>Every Monday</b>	6:00 am - 7:00am	India Time <b>OPEN</b>

All times are Indian Standard Time, which is GMT+5:30 hours. Number in each batch will be limited to around 10 participants. Participants can choose which batch (Wednesday or Saturday) to be a part of. Those who miss a session from one batch can join the other batch to catch up within the same week.

## Investment

**€67.60** per month totaling four sessions.

Cost includes payment for sessions including audio recordings of each session only. Payment for the must be made prior to the first session of each month.

Payments will have to be made only through **PayPal™**

Interested participants can kindly send your **Full name, Email Id** and **Choice of Batch** to **yoga@kausthub.com**