

POWERFUL PROJECT

TEENS AND ADULTS

APRIL
2014

KINDNESS

Plato is credited with the quote; “Be kind; for everyone you meet is fighting a harder battle.” Think of someone or a group of people who have had to endure a consistent diet of mean-spiritedness. Take their perspective. You might even challenge yourself to think of someone who you have been unkind to in the past. What battle might they be fighting? How might kindness or mean-spiritedness impact them? And with this insight, how can this help you to guide young people who you see being unkind to others?

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First & Last Name: _____