





Szechuan (also spelled Sichuan) is a province in the Southwest of China typically known for its spicy food and the Yangtze River that runs through it. The food is often hot, sour, sweet, salty and spicy often containing a regional ingredient, Szechuan pepper. The specialty peppercorn is not a traditional pepper but it can impart a strong, tongue numbing and slightly bitter taste. Other common spices in Szechuan cuisine include chillies, garlic, ginger, green onion. Suggest going out for Szechuan cuisine, and many people immediately envision platters of hot, spicy food - the kind that has you gulping down copious amounts of water all evening in an attempt to soothe your burning taste buds. People are often surprised to discover that at least of one-third of the recipes that make up Szechuan cuisine are not spicy at all. That is not to say that Szechuan's reputation for producing "mouth burners" is undeserved. In Szechuan Chinese Cuisine, you will discover over 50 recipes from appetizers to desserts, including poultry, seafood, beef, pork and vegetarian, which are classic of this cuisine such as: Spicy Pickled Cucumbers Salad Hot and Sour Soup Dandan Noodles Sichuan Hotpot Sichuan Crispy Beef Mapo Tofu Sichuan Twice-cooked Pork Belly Tea-Smoked Duck Szechuan Spicy Crispy Shrimp Dry Fried Cauliflower Crispy Sesame Tofu Mung Bean Noodles Braised with Shrimps Chongqing Spicy Deep-Fried Chicken Scroll up now to grab your copy of Szechuan Chinese Cuisine today!

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